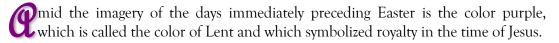


the CALVARY NOTE

Leading people to God through faith in Jesus Christ in the power of the Holy Spirit By worship, witness, stewardship, fellowship, study, and service.



symbolism of the color purple at easter



How the Color Purple Became the Color of Lent and Easter: 4 Things to Know

1. The color purple signified royalty or authority in ancient times.

In antiquity, purple dye was a prized commodity because of how difficult it was to obtain. Purple dye was obtained from the harvesting of certain marine snails. In light of how labor-intensive it was to produce purple dye, purple apparel was very expensive and often only worn by kings, other royal members, or those with high-ranking authority. As such, the color purple became known as a mark of royalty and sovereignty.

The Old Testament, likewise, elevates the color purple, as it tells us that the Tabernacle that housed the Ark of the Covenant was made of curtains of "finely twisted linen and blue, purple, and scarlet yarn" (Exodus 26:1). Moreover, when King Solomon built the Holy Temple in Jerusalem, he made the temple curtain with fabric of the same colors (2 Chronicles 3:14).

2. The color purple was used to mock Jesus as the king of the Jews.

The Roman soldiers who tortured Jesus during His Passion would've been well-aware of the imperial symbolism behind the color purple. This is why, in mocking Jesus before His crucifixion, the soldiers dressed Jesus in a purple robe and put a crown of thorns on His head, proceeding to then beat Him and yell, "Hail, king of the Jews!" (John 19:2-3).

In a further attempt to humiliate Jesus after the soldiers had removed the purple robe from Him, Pilate had a sign affixed to Jesus' cross inscribed with the words, "Jesus of Nazareth, King of the Jews" (John 19:19). This inscription is memorialized on today's crucifixes by the letters INRI, which are the initials for "Jesus of Nazareth, King of the Jews" in Latin - *Iesus Nazarenus*, *Rex Iudaeorum*.

3. Churches use purple to emphasize Christ's sacrifice before His Resurrection.

In remembrance of the purple robe the Roman soldiers put on Jesus in mockery, churches display the color purple during Lent to mourn the emotional and physical anguish that Jesus underwent during His Passion, and also to proclaim Him as the true King of Kings. In some churches, the clergy wear purple vestments, drape lecterns with purple cloths, and cover the front of altars with purple frontals.



* HOLY WEEK GUIDE & SCHEDULE *



The Sunday of the Passion, the Sunday before Easter, at which Jesus' triumphal entry into Jerusalem (Matthew 21:1-11, Mark 11:1-11a, Luke 19:29-40) and Jesus' Passion on the cross (Matthew 26:36-27:66, Mark 14:32-15:47, Luke 22:39-23:56) are recalled. As the service progresses the focus will change abruptly from the triumphal entry into Jerusalem and the waving of palms to the solemnity of the Passion, Jesus' death on the cross.

Stations of the Cross

A devotion to the Passion of Christ which recalls a series of events at the end of Jesus' life, from his condemnation to his burial. The Way of the Cross - frequently called the Stations of the Cross - imitates the practice of early Christian pilgrims visiting the places of Jesus' Passion in Jerusalem. Our 'stations' are the plaques placed on the walls around the sanctuary. Each station has a cross and an artistic representation of a scene leading up to Jesus' crucifixion.

HOLY MONDAY - March 25

Morning Prayer • 8:30 am
Stations of the Cross • 12:00 noon
Chrism Mass at the Cathedral • 6:00 pm

HOLY TUESDAY - March 26

Morning Prayer • 8:30 am
Stations of the Cross • 12:00 noon

Evening Prayer • 5:00 pm

HOLY WEDNESDAY - March 27

Morning Prayer • 8:30 am
Holy Eucharist • 12:00 noon
Evening Prayer • 5:00 pm

'A Walk in Jerusalem' - Stations of the Cross • 7:00 pm

MAUNDY THURSDAY - March 28

Morning Prayer • 8:30 am
Stations of the Cross • 12:00 noon

MAUNDY THURSDAY SERVICE • 7:00 pm [LIVE Streamed also on our Facebook page]

(continued on the next page)

"Maundy" (notice it is not 'Maunday') means 'commandment' or 'mandate' from the Latin mandatum novum, "new commandment," from John 13:34, Jesus' mandate to "love one another." This mandate is modeled by Jesus in his washing of the disciples' feet. Maundy Thursday celebrations also commemorate the institution of the Eucharist by Jesus "on the night he was betrayed." (Matthew 26; Mark 14) The service concludes with the stripping of the altar (the removing of all items from the altar area) as symbolic of Jesus' arrest at the Garden of Gethsemane and the procession of the Eucharistic elements of consecrated bread and wine to our Altar of Repose.

The ALTAR OF REPOSE - "Garden Watch"

Keeping watch at the Altar of Repose with the Reserve Sacrament through the night is meant to reenact the disciples keeping watch with Jesus in the Garden of Gethsemane. The idea derives in part from Christ's question to his disciples at Gethsemane, "Could you not watch with me for an hour?" (Matthew 26:40) You are invited and encouraged to sign up to go and sit quietly in the presence of Jesus in the Blessed Sacrament at any time throughout the night. The Fireside Room will be open all night as we keep vigil.

GOOD FRIDAY • A day of fasting - March 29

Morning Prayer • 8:30 am Stations of the Cross • 12:00 noon

GOOD FRIDAY SERVICE • 7:00 pm [LIVE Streamed on our Facebook page]

Good Friday is the day which the church commemorates the crucifixion of Jesus. It is a day of fasting and special acts of discipline and self-denial. The liturgy of the day includes John's account of the Passion gospel, a solemn form of intercession known as the Solemn Collects (dating from ancient Rome), and devotions before the cross (commonly known as the Veneration of the Cross). The Eucharist prayers are not offered on Good Friday, but Holy Communion is administered from the Reserved Sacrament from the Maundy Thursday service.

HOLY SATURDAY

This day recalls the day when the crucified Christ visited among the dead while his body lay in the tomb of Joseph of Arimathea.

EASTER VIGIL - March 30 • 8:30 pm [LIVE Streamed on our Facebook page] (Bring your bells to ring at the service!!)

The Great Vigil of Easter is the culmination of the sacred celebration of Holy Week and the beginning of arguably the primary celebration of the Lord's Resurrection. It is the climax of the Christian Year and unfolds in Scripture, psalm, Sacrament and liturgy the story of redemption. It begins in darkness and proceeds to a joyous burst of light, and also moves from silence to the glorious proclamation of the Paschal Alleluia.

The service consists of four parts: The Service of Light (kindling of new fire, lighting the Paschal candle, the Exsultet); The Service of Lessons (readings from the Old Testament; Christian Initiation (Holy Baptism) or the Renewal of Baptismal Vows; and the Eucharist. Easter is the preeminent occasion for baptisms due to the integration of the meanings of Christ's dying and rising to the understanding of baptism.

Of all the celebrations of the Church Year, the Great Vigil of Easter is pre-eminent, for it alone vividly and dramatically portrays all that was, all that is, and all that ever shall be in the drama of our redemption.

EASTER MORNING - March 31 • ONE SERVICE at 10:00 am [LIVE Streamed on our Facebook page]

The feast of Christ's resurrection (his paschal feast) is the principal festival of the church year. Easter is the pascha or Christian Passover, and the eighth day of cosmic creation. Faith in Jesus' resurrection on the Sunday or third day following his crucifixion is at the heart of Christian belief. Following Jewish custom, the feast begins at sunset on Easter Eve with the Great Vigil of Easter. The word "alleluia" (praise the Lord) is said or sung repeatedly during this season, which contrasts sharply with the season of Lent when the alleluia is omitted. It is customary for the Paschal candle, which was ceremonially lit at the Easter Vigil, to burn at all services of the Easter season.



Now in the place where

He was crucified there

was a garden, and in the

garden a new tomb in which

no one had yet been laid.

- John 19:41.

Guidepost readers on an insightful daily journey through Holy Week. What impressed me most was this Christian writer's attention to detail. When I think about the history and significance of Holy Week, I tend to do so in broad strokes, imagining the events evolving day by day in rolling, cinematic fashion. But Schantz's detailed, day-by-day reflections helped me to tighten my focus and gain a more intimate understanding of Our Lord's journey

through those last agonizing yet extraordinary days.

Of the simple wafer that unites us with Christ at Communion, Schantz writes, "With just six words - Take, eat; this is My Body (Matthew 26: 26) - Jesus transformed a common grain into a symbol of our salvation. On that Thursday night, Jesus was like soft dough, about to be kneaded -

squeezed and stretched, pounded and pummeled, then finally, baked in the hot sun until He became the Bread of Life. What He needed at this Last Supper was not food but comfort from the twelve men He loved, before His sufferings began." Centuries later, a simple wafer continues to bring believers to Jesus, offering an essential spiritual bond of comfort and connection.

The word *excruciating*, Schantz explains, comes from the Latin word for *crucifixion*. Historians believe that this particularly heinous form of torture was first devised by the ancient Persians and, later,

modified by the Romans to cause additional physical, social, and emotional pain. After enduring unthinkable brutality and being hung naked in public, Jesus was forced to suffer the ultimate injustice: being punished for doing good, and *only* good, in this world.

The image of Jesus lying dead and alone in the tomb can seem grim. But Schantz reminds us that there was a beautiful garden nearby. "Life on earth began in the Garden of Eden. How fitting that it began afresh in the Garden of the Resurrection! A

Jerusalem garden would typically feature flowers - such as anemones, poppies, phlox, and daffodils - plus small trees, such as fig, acacia, almond, and tamarisk. There would be a cistern for water, some stone benches to sit on, and a potting shed for the gardener's tools."

When Mary Magdalene first spotted the resurrected Jesus in the garden, she thought she was seeing

the gardener. And she was right, in a way, because we are all transplanted into the Lord's own garden and are under his personal care (Psalm 92:13). How blessed we are to have the Master Gardener at work in our lives, watching over us and guiding us and loving us every single day!

"One is nearer God's heart in a garden than anywhere else on earth."

From the poem "God's Garden" by English poet and hymn writer Dorothy Frances Gurney.



Words to draw us more deeply into the awareness of God and the world around us as penned by our 'Poet-in-Residence',
Marjorie S. Hobday.

> faith →

A Festal Celebration

Refreshed and renewed By our Lenten vows Days of fasting Reading scripture

Practicing new habits
Making healthier choices
Helping others in need
Our hearts are lifted, spirits soar

Prepared for His festal coming We raise our joyful voices In glorious exultation Hallelujah! Hallelujah!

Signs of Spring

Green spikes of daffodil leaves Pierce the wintry earth A lone snowdrop blooms Red-winged blackbirds sing

Too soon, it seems But spring is on its way Pussy willows burst their sheathes Brightening this February day

Ode to Joy

It's the things we do for others
That bring their own rewards
Warming hearts, uplifting souls
Adding joy to living!



I once told Greg DuBois, when he was a little boy, that if I were 50 years younger I would ask him out on a date. He was adorable then... and still is.

Greg is a special young man in many ways and we at Calvary delight in his musical abilities every Sunday. He was born on December 17, 1990 along with his siblings, Corinne and Ethan, starting and completing the family of John and Laurie DuBois. Imagine raising triplets!!!

The DuBois triplets were basically home schooled. Can't help but wonder if part of that decision was trying to get three little ones up, dressed, fed and out the door. Lol! At any rate they did a beautiful job raising these kids and opening opportunities for Greg and his siblings to attend other educational venues to learn, including Schenectady Community College during their high school years. He graduated in 2009 and headed off to college that fall.

Greg attended the King's College, located in New York City and finished his degree ... a BA in Politics, Philosophy and Economics in 2013. Whew! Sounds daunting to me! Immediately thereafter, he headed to China and settled in for approximately 8 years. While at the King's College Greg traveled to China for three weeks on a school trip. Seems like the fire might have been lit for him to return. He first lived in Ningxia for a year before settling in Shanghai where he received his Master's Degree from Shanghai International Studies University in Intercultural

Communications in 2017. He speaks Chinese fluently along with English.

After finishing his degree, he began teaching English full time in Shanghai. He also worked with friends and fellow classmates doing outreach, something he has a special passion for.

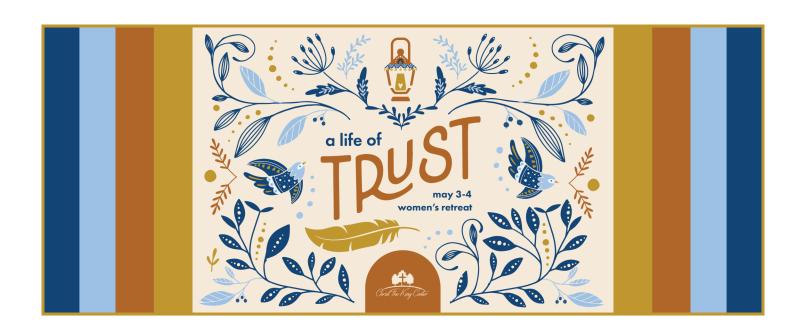
Back here in the States he is now teaching at Classical Academy located Augustine Mechanicville. This is Greg's first year teaching the Humanities: Literature, History and Philosophy. Just knowing and talking to him I can imagine that he is a wonderful teacher. This year he is co-directing the school's play "A Midsummer Night's Dream" a well known play written by William Shakespeare, for 10-12 grade students. Greg, as I mentioned before, is responsible for the music at the 9:30 service at Calvary. I absolutely love to hear him play the piano. Occasionally he is joined by members of his family who all have been blessed with the music gene. He is often seen attending Bible studies on Wednesday nights during the church year.

Greg, we are blessed to have you here at Calvary. I know you have a huge heart for China and its people but don't ever forget that Calvary has a huge heart for you.

PS: Greg (Corinne & Ethan) and I have a little something in common as I was also born a triplet!



- Jude Sweet



2024 Diocesan Women's Retreat: A Life of Trust

May 3 - 4

With keynote speaker Christine Gordon

A Life of Trust: Learning to trust Jesus with our lives and our churches



As followers of Jesus, we are called to a life of trust. But what does that trust look like in the day to day? Settle down into the middle of the book of John to hear instructions from Jesus Himself on how to entrust yourself to His care and rule. Hear Him describe the nourishment of the vine and your connection to it (John 15). Listen to Jesus advertise the goodness of the Spirit He will send once He leaves (John 16). Eavesdrop on His prayer to the Father for the church and be encouraged by its sure answer (John 17). Jesus's words will challenge, encourage, and equip you to trust Him more.

Expect your favorite things and more:

NEW THIS YEAR: A breakout with a HIGH ROPES experience

Vibrant Worship

Inspiring talks

Healing Prayer Appointments with an experienced prayer team

Marketplace: new vendors are signing up!

Friday night social

Two breakout session times

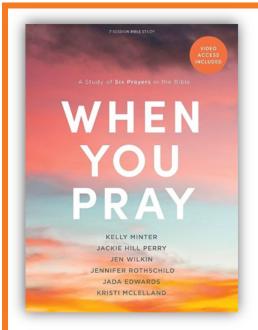
Time to just be

Check out the website below for

BREAKOUTS | AGENDA | RATES AND REGISTRATION | PROMOTIONAL MATERIALS

www.ctkcenter.org/events/9-events/311-2024-women-s-retreat-a-life-of-trust

Scholarships to attend are available. All you need to do is talk to Dcn. Marian or Fr. Gabriel.



Women's Bible Study

"When You Pray"

7 Sessions - Begun on Sunday, March 3 The first Sunday of each month for seven months

Hey Calvary Ladies! Do you have trouble thinking of words to say to God when you pray? Are you afraid some emotions are too intense to express to God? Do you reach the end of a day only to realize you haven't prayed at all? You're not alone. Prayer is the way we relate to God, but sometimes it's a struggle.

In this 7-session study, join six beloved Bible teachers who will help you study prayers in the Bible that can inspire your own. You'll learn that God welcomes your praise and lament, your thanksgiving and intercession. You'll see examples of how to pray when you're alone and when you're gathered with others. Above all, you'll

notice there's no one right way to pray. As you draw near to God through prayer, you'll find your faith strengthened and your heart united to Christ.



The study has begun, but you are still very much invited to join us next month!

Sunday, April 7 after the 9:30 service

First Sundays of the month for 7 months total

You can simply come and watch the video or, if you'd like to dig deeper, purchase the workbook. Scan the QR code to learn details on the study and to purchase a book. If you would like a scholarship for the book, seek out Fr. Gabriel or Dcn. Marian and they will get a book for you. **Bring a bag lunch.**



DIOCESAN HEALING MINISTRY

www.ctkcenter.org/healing-ministry

The power of prayer can have a remarkable transformative effects on us. Many people have found solace through prayer at Christ the King, from widows, first responders and vets struggling with PTS to alcoholics, drug addicts, victims of abuse, people dealing with anxiety or depression, even clergy suffering from burnout. Our Healing Ministry provides a weekly healing service, private prayer appointments, veterans' ministry, Christian Healing Ministries' School of Healing Prayer®, personal retreats, seminars, intercessory prayer, and quarterly Days of Quiet and Healing.

If you are in need of prayer, we would love to pray with you. Please call 518-692-9550 Ext. 214.



SCRIPTURAL COMFORT FOR LIFE AND DEATH

Ponderings with Tom

uring this time of the celebration of the triumph of our Savior over death, we might be tempted to focus exclusively on the festiveness of the occasion. There is much to celebrate and we should, but before resurrection there is betrayal, pain, anguish, regret and execution. This is the Christian story and to omit the bitterness is to have a distorted view of our faith.

To quote C.S. Lewis: "In religion, as in war and

everything else, comfort is the one thing you cannot get by looking for it. If you look for truth, you may find comfort in the end: if you look for comfort you will not get either comfort or truth - only soft soap and wishful thinking to begin with and, in the end, despair." Amen to that!

Too many only take the "nice" part about accepting the

Fatherhood of God and brotherhood of mankind and God's forgiveness and Jesus triumph over death, and leave out the implications of not following Christianity. Also, scriptures that are actually frightening are somehow ignored. And, sadly, many of our teachers and preachers are complicit in omitting the abundant scriptural warnings, preferring to stay "positive." Some believe that all that is necessary is to repeat the simplified "Good News." But what is the "Bad news" we may rightly ask? If there are sufficient reasons to accept God's invitation into His Kingdom, shouldn't we know the risks of declining the Divine invitation?

I'm not advocating for the return of "Hellfire and Brimstone" preaching. Nor am I even talking about a focus on the after-life. I am referring to a Biblical set of personal and societal values that, without which, society (and our world) goes quickly down-hill. If Christians are to be "the salt of the earth" our lack of saltiness creates problems for the entire world.

One example is Jesus' emphasis on forgiveness. Unless you forgive others God will not forgive you. There are family "blood feuds" in some countries that go on for decades and longer. These cause untold suffering, but all it takes is one generation that follows Jesus' teaching and that will end the blood feud. Some of these blood feuds are in countries

with a Christian tradition. Labels don't matter, what counts are whether people are following Christ's teachings.

There are the seemingly eternal wars which involve every ethnicity, nationality and religion, even Christianity. Are the causes of wars "holy?" Notwithstanding religious claims (and I include the protestant vs

Catholic wars of earlier times), wars are never holy. They may be justified, or even necessary, but they are never holy. The current wars are only the most recent manifestation of nations not following Christ's teachings. Blessed are the peacemakers (not the warmongers).

There is the casual pollution of the earth done by those who put profits above the health of future generations. Could they do that and still follow Biblical teachings on the divine mandate to manage the earth? Or could they do this while loving "your neighbor as yourself?" Pollution crosses national borders and issues of religion. Our self-interest should make us care about whether the oceans die of pollution, but so should our Christian love for our fellow human beings. But how many Christians show genuine concern for this?

Continued on page 11

VITAMIN D DEFICIENCY



COMMON SYMPTOMS OF VITAMIN D DEFICIENCY

ur bodies naturally make vitamin D from cholesterol when our skin is exposed to sunlight. Having enough of the "sunshine vitamin" can help protect us by reducing the risk of heart disease, regulating calcium absorption, and making sure our immune system is functioning okay.

Here are some symptoms you might experience if your D levels are low:

- frequent illness or infection
- fatigue
- back and muscle pain
- anxiety and depression
- slow wound healing
- bone and hair loss
- weight gain

How much do you need?

Vitamin D is necessary for calcium absorption and bone health. While there is no set

guidance, dosage recommendations range from 600 - 2,000 IU per day but some people may need heavier doses to reach and maintain healthy blood levels.

Sources of Vitamin D1:

1. Spend time in sunlight

Vitamin D is often referred to as "the sunshine vitamin" because the sun is one of the best sources of this nutrient.

Your skin hosts a type of cholesterol that functions as a precursor to vitamin D. When this compound is exposed to UV-B radiation from the sun, it becomes vitamin D.

However, the amount of vitamin D your body can make depends on several variables.

2. Skin tone and age

People with darker skin need to spend more time in the sun to produce vitamin D than those with lighter skin. That's because darker skin has more melanin, a compound that can inhibit vitamin D production. Age can have an impact as well. As you get older, vitamin D production in your skin becomes less efficient.

3. Geographical location and season

The closer you live to the equator, the more vitamin D you'll be able to produce year-round because of your

physical proximity to the sun's rays.

4. Sunscreen and clothing

Certain types of clothing and sunscreen can hinder vitamin D production. While it's vital to protect yourself from skin cancer by avoiding overexposure to sunlight, it takes very little unprotected sun exposure for your body to start producing vitamin D. Although there's no official recommendation, sources

suggest that as few as 8-15 minutes of exposure is enough to make plenty of vitamin D for lighter-skinned individuals.

5. Consume fatty fish and seafood

Fatty fish and seafood are among the richest natural food sources of vitamin D.

Fish and seafood rich in vitamin D include:

Salmon ◆ Tuna ◆ Mackerel ◆ Oysters Shrimp ◆ Sardines ◆ Anchovies

6. Eat more mushrooms

Mushrooms are the only vegetarian source of vitamin D. Much like humans, mushrooms produce vitamin D when exposed to UV light. Wild mushrooms - or

And to every beast of the earth and

to every bird of the heavens and to

everything that creeps on the earth,

everything that has the breath of

life, I have given every green plant

for food." And it was so.

Genesis 1:30

"Ponderings with Tom" - Continued from page 9

commercially grown ones treated with UV light - have the greatest vitamin D levels.

7. Include egg yolks in your diet

Eggs are a great source of vitamin D, as chickens with access to sunlight produce more vitamin D in their eggs than those that remain indoors.

8. Eat fortified foods

Some commonly fortified foods include:

cow's milk ◆ plant-based milk alternatives like soy,
almond, and hemp milk ◆ orange juice ◆ ready-toeat cereals ◆ certain types of yogurt ◆ tofu

9. Take a supplement

Supplements are often needed if you don't obtain enough vitamin D from food or sunlight. Having your vitamin D levels checked before supplementing is the best way to pick the appropriate dose.

The bottom line

Vitamin D is an essential nutrient that many people around the world don't get enough of. That said, you can boost your vitamin D levels by getting more sun exposure, eating foods rich in vitamin D, and/or taking supplements. If you suspect you're low in this essential nutrient, consult with a health professional to get your levels checked.

Source: Healthline



For those who believe that church-going is optional, even for children, we are beginning to see the results of a lack of Bible stories in our nation's youth. Even ancient Israel, lacking a reminding of God's truth, became as bad (or worse) than the pagan nations around them. The Bible describes "every man doing what was right in his own eyes." Surely that can equally describe today where some people look to politicians for society's "salvation." Others become obsessed with sports, hobbies, food, money and entertainment. This will only become more prevalent as parents allow schools, clubs and the internet to provide the essential values that children require.

Scripture says "train up a child in the way he should go and when he is old he will not depart from it." If the child does not receive Biblical training in church, then what training is he getting? Is it to value wealth above all, or self-satisfaction? Perhaps he's been taught that mankind is destroying the earth and that as a result human life is to be devalued. Perhaps he's been taught that religion has only been responsible for hate and inequality? Or perhaps human life is meaningless and can be discarded.

But this should never be the Christian Church. We have what is essential for the healthy functioning of people and society and it is grounded in the empty tomb. Jesus' teachings are often difficult and require guidance. But a society that ignores truth will suffer, just as we are doing now. The resurrection verified everything that Jesus taught and if the world ignores it, the result is a despairing world.

- Tom Carrubba



SPRING CLEAN-UP DAY

Work is scheduled for Saturday, May 4 starting at 9:00 a.m. All able bodied parishioners are encouraged to come help. Bring your gardening tools of choice for work outside and anything you might need to help with washing windows and straighten up the kitchen.



In addition, some churches cover crosses, statues, and other sacred depictions with purple veils during Lent into Holy Week. The veiling of these sacred depictions is done to emphasize that, without Jesus' sacrifice and Resurrection, our faith and everything related to it wouldn't exist.

4. The color purple reminds us that we dishonor Jesus with our sins.

For churchgoers, the color purple adorning churches during Lent brings to mind the stark reality that we too have dishonored Jesus through our sins. In fact, it was our human propensity toward sin that caused God to send His only Son to serve as the last sacrificial Lamb to atone for our transgressions. The color purple is, therefore, a somber visual reminder of the color worn by the true King before His ultimate sacrifice for us and prompts us to take action to repent of our sins, ask God for forgiveness, and renew our faith in Christ.

How Does the Solemn Purple Season of Lent Help Us to Rejoice in Easter?

The solemn purple that lines the Lenten road of self-reflection, repentance, and sacrifice helps us to better rejoice in the coming of Easter because we're able to meet the Risen Savior with a renewed spirit.

The imagery of color continues on Easter day with the color white representing the purity of the Resurrected Christ. The color white befits our Lord, as He is the Lamb of God who takes away the sins of the world, and the Light of the world who defeats the darkness of death (John 1:29; 8:12).

By Dolores Smyth

(This article has been shortened for the purposes of this newsletter.) www.christianity.com/wiki/holidays/why-is-the-color-purple-associated-with-easter.html



Monday Bible Study with Father Gabriel *via* Zoom

Mondays at 10:30 a.m.

Each week we read and discuss the Bible lessons for the upcoming Sunday.

Details about how to log in via your computer / phone / or tablet are emailed out Sunday afternoons. Included in the email also are the Scripture references that will be studied as well as a very handy resource to prime the pump of your thinking.

Give it a try. You may be pleasantly surprised.

The **ISAIAH 58** PROJECT FOOD PANTRY MINISTRY

SHENENDEHOWA HELPING HANDS FOOD

PANTRY at the Jonesville United Methodist Church, serving residents of the Shenendehowa and Burnt Hills-Ballston Lake School Districts.

Drop off locations are in the church narthex and office foyer.

You can contact them to inquire about other ways to serve this ministry.

(518) 877-7380 or shenhelpinghands@gmail.com

ONGOING NEEDS

Food ◆ Toiletries ◆ Cleaning Products

OPERATING HOURS

Fridays - 9:00 - 12:00

Special needs are updated regularly in the weekly Sunday bulletin.



MARCH

BIRTHDAYS

Eric Quackenbush	1
Joan Rasmussen	1
Chantel Wendover	2
Florence Indajang	10
Fiona Burr	16
Victoria Burr	18
Suzanne Davis	21
Josh Klapper	21
Sarah Miller	21
Ethan Miller	21
Debbie Rickson	22
Doug Putnam	24
Lynne Shorey	25
Carly Fogg	29
Lori Standish	30
John Borst	31

ANNIVERSARIES

Deanie & Paul McCarthy	2
Bonnie & Dave Davis	3
Elaine & Tom Carrubba	15

APRIL

BIRTHDAYS

Dot Sies	2
Diane Gustavson	2
Art Ross	6
Alfred Sive	7
Brandon Fogg	7
Carol Drummond	8
Marge Hobday	8
Joan Suda	8
James Soulé	17
Kirk Manke	20
Kay Merchant	22
Anthony Wendover	26
Kathy Lonergan	26
John DuBois	28
Jude Morrow	29
Clara Burr	30

ANNIVERSARIES

No anniversaries this month

MAY

BIRTHDAYS

Dave Iomlinson	2
Betty Rose	3
Charlotte Druschel	4
Joyce Barrett	5
Scott Soulé	11
Adam Suda	12
Amy Soulé	15
Sophia LaBrecque	16
Kim LaBrecque	19
Laurie Bartlett	20
Alice Crotty	21
Charles Spencer Jr	22
Michaeline Anderson	23
Ron Drummond	29

ANNIVERSARIES

Laurie & Mike Bartlett	15
Sandy & Ric Ross	21
Savannah & Adam Suda	28



We apologize if there are any omissions or errors. Please contact the church office and let us know if we made any mistakes or omissions.

omanager@calvarybh.org

(518) 399-7230





WEEKLY SCHEDULE

Holy Eucharist
SUNDAYS
9:30 am & 5:00 pm
WEDNESDAYS
12:00 pm

Daily Offices
MORNING PRAYER
M - Th. • 8:30 am
EVENING PRAYER
M - Th. • 5:00 pm

CLERGY

BISHOP
The Rt. Rev. Jeremiah Williamson
The Rev. Gabriel Morrow - Rector
The Rev. Deacon Marian Sive

STAFF

Office Managers
Deanie McCarthy & Jude Sweet
Acting Treasurer
Alfred Sive
Assistant Treasurer
Laurie DuBois
Music Director
Greg DuBois
Sexton
Debbie Rickson
Parish Nurses
Carol Drummond
Linda Little

VESTRY

Paul Rasmussen - *Sr. Warden* (2025) Amy Soulé - *Jr. Warden* (2026)

John DuBois (2025) Alfred Sive (2025) Suzanne Davis - *Clerk* (2026) Mike Lonergan (2026) Mario Labrecque (2027) Jude Sweet (2027)

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